

## **Elder Care Counseling Program**





As you make decisions about assisting a loved one in moving either to a nursing home or to an assisted living facility, you or your loved one may want to talk with someone about this decision. Addressing issues early in the process can often make the transition go more smoothly.

I offer counseling services from a Christian perspective to assist you and your loved one in this process. I will meet with you and other family members to talk about the emotions which are typically present in the family during this time. This proactive approach can reduce some of the stress, guilt, and fear which may be involved in this process.

It is possible that this counseling program will be covered by insurance.

I hold Certification in Gerontological Counseling. I am also a member of the Friends of St. John the Caregiver, an organization which provides resources for persons in care-giving roles.

I look forward to the opportunity of serving you in this area.