



## Spiritual Guidance



Spiritual guidance encourages us to explore a closer relationship with God. In the midst of a busy life, many people find it difficult to notice God's action in their daily affairs. Yet at the deepest level, all of us long for a more conscious experience of God's presence and love.

In the ancient view of pilgrimage, hardships or challenges are not seen as accidental occurrences. Hardships are a part of the journey itself. If we look carefully at the hardships in our lives, we generally find that they come to us with a message, something which God wants us to learn in order to live more meaningful lives. The challenges of life are usually out of our control. This concept allows us to see that the idea of being in control is largely an illusion anyway.

In the dark times of our lives, we begin to sense that there is no escape in this life from pain and suffering. No matter how diligently we try to draw closer to God, problems are still a part of our lives. What all of us are really seeking is a relationship with God. We must move to the place at which we can genuinely believe that knowing God is more important than anything else.

In my view of spiritual guidance, my role is to help you to discover the answer which God has for your life and to help you to learn ways to implement this answer. The answer can usually be found through submitting ourselves to God, through meditating on His Word, and through prayer. I do not view my role as one of telling you what you should do. I will encourage you to examine your view, as well as other ways to view the situation, but ultimately, it is up to you to decide what you want to do with your life and the problems which you face. I will strongly encourage you to explore your view of the role of God in your life and His purpose for your life.

I am a member of Spiritual Directors International.

I look forward to the opportunity of being of service to you in this area.